

## Health and Wellbeing Board Paper

### 1. Reference Information

Paper tracking information	
<b>Title:</b>	Surrey Child and Adolescent Mental Health (CAMHS) Whole System Transformation Plan: Annual Update
<b>Related Health and Wellbeing Priority:</b>	Priority 2
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<b>Sponsor:</b>	Sue Robertson
<b>Paper date:</b>	16 December 2019
<b>Related papers</b>	Surrey Child and Adolescent Mental Health (CAMHS) Whole System Transformation Plan was presented to the Board at its meeting on 5 December 2019 and can be accessed here: <a href="http://www.guildfordandwaverleyccg.nhs.uk/website/X09413/files/191031-CAMHS_Transformation_Plan_Refresh_Oct_2019_Final_v1_6_2_Surrey.pdf">http://www.guildfordandwaverleyccg.nhs.uk/website/X09413/files/191031-CAMHS_Transformation_Plan_Refresh_Oct_2019_Final_v1_6_2_Surrey.pdf</a>

### 2. Executive summary

In response to member feedback received at the Board’s meeting on the 5 December 2019, changes have been made to the “Open Letter to Children and Young People” and additional detail that members requested is provided.

NHS Regulators require CCGs to provide an annual update of the Child and Adolescent Mental Health (CAMHS) Whole System Transformation Plan. The updated October 2019 version of the plan was the fourth annual plan presented for approval by the Surrey Health and Wellbeing Board at its meeting on 5 December 2019.

### 3. Recommendations

The Health and Wellbeing Board is asked to

- a. Approve the refreshed Surrey CAMHS Whole System Transformation Plan (2019), noting the changes made to the “Open Letter to Children and Young People” in response to member feedback received 5 December 2019.
- b. Note the actions and initiatives being undertaken to transform services and make improvements to the outcomes and experience for children and young people.

## 4. Introduction

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1. All partners in Surrey are committed to improving the emotional wellbeing and mental health of children and young people in Surrey, as a priority for Surrey, identified in the Health and Wellbeing Strategy.
2. Since 2015 and the proposals set out in *Future in Mind*, NHS England has identified the requirements to be delivered through local System CAMHS Transformation Plans by 2020/21, focused on areas funded through CAMHS Transformation funding. The Plan, which is updated annually, sets out how we are developing pathways services to meet the needs of children and young people in Surrey and to improve their outcomes and experience, including improvements to Eating Disorders services, crisis services and early intervention.

## 5. Detail

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3. The Whole System Transformation plan sets out initiatives which are driving and accelerating transformation of services, in addition to the mainstream, existing CAMHS services - the Targeted CAMHS services jointly commissioned Surrey County Council, on behalf of the Council and Surrey Clinical Commissioning Groups (CCGs) and Specialist CAMHS, commissioned by the CCGs.
4. Since the last annual update in 2018, extensive engagement with children, parents/carers and people working with children and young people informed Surrey's Emotional Wellbeing and Mental Health Strategy (2019) on which our transformation plans are based and future service procurement will be grounded.
5. The strategy highlighted 5 priorities for action:
  - Improving access and waiting times
  - Creating new early intervention services, based around groups of schools
  - Crisis services, including scope for inpatient beds for CAMHS (with NHS England)
  - Vulnerable children
  - Social and emotional mental health needs
6. Surrey's Community Eating Disorders service, which was a nationally-mandated part of transformation plans from year 1, is now rated as one of the top 10 in the country, already meeting the 20/21 access standards. The service has been cited at a national conference for best practice in crisis support for eating disorders and provides peer mentoring to other services.
7. Another target, supported by CAMHS Transformation, was to achieve the national access target for the proportion to children accessing evidence-based CAMHS interventions. Surrey, through the mental health Trust and its voluntary sector partners, is now meeting the national access targets, in line with achievement across England.
8. There is much work still to do, to reduce waiting times and increase access to early intervention services. Transformation of services is being driven by all system partners, improving working practices and introduction of new roles

supporting children and young people. Surrey completed a detailed CAMHS workforce audit in 2019, now being developed into a CAMHS workforce transformation strategy and action plan.

9. The two CAMHS contracts were extended till March 2021 to allow time for system improvements and transformation, prior to procurement.
10. Partners and stakeholders have contributed to the Transformation Plan, with input from members of the CAMHS Transformation Board, Surrey Children's Clinical Leads, CAMHS Strategy Group, the Transformation Advisory Board, Surrey Youth Focus, CAMHS Youth Advisers (CYA) and others. NHS England was also consulted, to ensure the Plan provides the information needed to meet detailed national requirements.
11. In line with NHS England's requirements, the CAMHS Transformation Plan is published on all CCG websites.

## 6. Conclusions

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12. The emotional wellbeing and mental health of children is a priority for Surrey. The CAMHS Transformation Plan sets out how the improvement of services, which began with the new contracts in 2016, is being further expanded and transformed to improve outcomes for children and young people.
13. The authors of the CAMHS Transformation Plan would like to thank all partners, particularly the CAMHS Youth Advisers (CYA), for their contributions to this update of the plan and to all system partners for its delivery.

## 7. Next Steps

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The document, amended to reflect comments and changes arising from the Health and Wellbeing Board meeting, will be updated and re-uploaded to CCG and SCC websites.

Updates on progress will be provided through reports from the Children's Strategic Group to the Health and Wellbeing Board.

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**Sources/background papers:** Listed in the plan

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